

## DO!

Start preparing well before disasters approach

Involve the entire family in your preparation discussion and planning (including pets)

Conduct drills to ensure that everyone in the household knows their roles in an emergency

Have all important documents stored in waterproof containers

Keep this checklist updated and refresh your emergency supplies as needed

Trim trees and branches that threaten your house regularly

Remember that safety is more important than possessions

Share this information with your family, friends, neighbors, and others

## DON'T!

Do NOT wait until the last minute to try to prepare for disasters

Do NOT tape windows or glass (as this potentially creates large projectiles of broken glass)

Do NOT physically try to keep a door or window closed

Do NOT repair / rebuild your home without considering future storm impacts

## OTHER RESOURCES

Checklist App - App Store  
FEMA Checklist - [fema.gov](http://fema.gov)  
American RedCross Kit- [redcross.org](http://redcross.org)  
Preparedness Tips - [zillow.com](http://zillow.com)

Keep in mind safe ways to clear debris from your home after the storm and have an understanding of your role in your community's response plan.

## CONTACT US

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St. Thomas Recovery Team

# RESTRT

Rethink Rebuild Reinvest Recover Resiliently

# EMERGENCY PREPAREDNESS CHECKLIST

## STRUCTURAL PREPAREDNESS CHECKLIST

- Understand your risks: what hazards are you vulnerable to (hurricane winds, hurricane induced flooding, earthquakes, tsunamis, etc.)
- Review and understand your insurance policy; collect and store paperwork in waterproof container
- Address your home's vulnerabilities:
  - Tally what you own and take pictures
  - Evaluate your structure's weaknesses
  - Fix them by order of importance
- Install hurricane straps for your roof, if necessary
- Install or repair storm shutters
- Identify a safe room and make an emergency exit plan
- Trim or cut trees that can fall on your house
- Turn off or unplug gas lines, water lines, electric appliances or tools, water pump, cistern

## SURVIVAL KIT (TO-GO BAG)

- Water: two gallons per person, per day
  - (3-day supply for evacuation, 2-week supply for home)
  - Explore and invest in personal and home water filters
- Food: non-perishable, easy-to-prepare items
  - (3-day supply for evacuation, 2-week supply for home).
- Flashlight or solar lights
- Battery-powered or hand-crank radio
  - NOAA Weather Radio, if possible [Available at the Red Cross Store]
- Extra batteries
- First aid kit
- Medications and all medical items needed (7-day supply)
- Sanitation and personal hygiene items
- Copies of personal documents
  - Medication list, prescriptions, pertinent medical information, proof of address, deed/lease to home, passport, birth certificates, insurance policies
- Cell phone with chargers (solar rechargeable battery pack)
- Family and emergency contact information
- Extra cash
- Any food or other items for pets

## HOUSEHOLD SUPPLIES

- Generator
  - Gas, gas cans, extension cords, oil
- Camping lanterns (solar or rechargeable)
- Cleaning supplies (bucket, Clorox, disinfecting wipes, scrub brush, mop, etc.)
- Fire supplies (lighter, charcoal, liquid fluid, sterno stove, sterno fuel)
- Mosquito repellent (spray, coils, nets)
- Solar camping shower